

From Tricia Bradberry
March 2019

Creamy Horseradish and Dill Dip

- Serves 6
- Hands-On Time 5 min
- Total Time 5 min

NUTRITIONAL INFORMATION

Per Serving

- Calories 140 calories
- Calories 121 calories from fat
- Fat 13 g
- Sat Fat 8 g
- Cholesterol 42 mg
- Sodium 225 mg
- Protein 3 g
- Carbohydrate 2 g
- Sugar 1 g
- Fiber 0 g



INGREDIENTS

1. **8** ounces cream cheese, softened
2. **1/4** cup prepared horseradish
3. **2** tablespoons whole milk
4. kosher salt
5. **2** tablespoons chopped fresh dill (or 2 teaspoons dried)
6. dippers (such as celery sticks, cucumber rounds, and potato chips)

DIRECTIONS

In a medium bowl, beat the cream cheese, horseradish, milk, and 1/4 teaspoon salt until fluffy. Stir in the dill. Serve with the dippers.

OK to use wire whisk, but hand mixer or food processor is easier.

Very tasty!